Procedures for Packaging and Shipping Fragment Specimens U.S. Army Public Health Center Laboratory Sciences

I. Pre-Shipping Communications

- 1. Prior to shipping fragments for analysis, the Medical Treatment Facility (MTF) laboratory will notify the U.S. Army Public Health Center (APHC) laboratory of the pending fragment shipment. Notification should be provided to one or more of the following APHC contacts:
 - a. APHC Laboratory Receptionist: (410) 436-2208 (Com); 584-2208 (DSN); International: 001-410-436-2208
 - b. APHC Sample Alert email Address (Industrial Hygiene Consultant Group), usarmy.apg.medcom-aphc.list.industrial-hygiene-lab-analysis-inqu@mail.mil
 - c. LS Sample Management Laboratory (SML)
- **2.** If a fragment is known to contain radioactive material, proper International Air Transport Association (IATA) and U.S. Department of Transportation (DOT) Dangerous Goods Shipping Regulations must be followed.

II. Fragment Handling

- 1. Your MTF is requested to stock small plastic specimen cups (with screw caps).
- 2. For shipment, place the fragment specimen(s) in a small plastic specimen cup to maintain the integrity of the specimen. Clearly label the cup with the MTF lab order number, (patient name and DOD ID #), date of collection, and requesting physician's name. Do not place fragments from different patients in the same sample cup (very important). If there is a desire to distinguish multiple fragments (from the same patient) removed from different parts of the body, use separate fragment cups for each fragment.
- **3.** DO NOT preserve a fragment specimen by any means (no formalin). Preservation of metal fragments is not necessary and creates an unnecessary hazardous waste. DO NOT include tissue with any fragment submitted
- **4.** Place the plastic cup in the shipping package. Place supporting paperwork (LIDS 400, see next section below) into re-closable freezer bags to protect them.

II. Specific Shipping Information

1. The requesting MTF Laboratory will ship specimens grouped by Service member, with accompanying documentation, using a DOD approved courier to:

Director, APHC

ATTN: MCHB-PH- CSV (Sample Management Laboratory)

8988 Willoughby Road, Building E2100

Aberdeen Proving Ground, MD 21010-5403

- **2.** After shipment of the metal fragment for APHC analysis, a follow-up email should be sent to the email address in paragraph 1.b. above, providing the courier tracking number.
- **3.** The required information to be provided with the fragment specimen is specified on the USAPHC `Request for Fragment Analysis' (LIDS 400, see page 2 of this annex).

Request for Fragment Analysis Medical Treatment Facility Information Date of Request: MTF: MTF Lab Order # POC: Email: Phone: Requesting Physician/Surgeon: **Patient Information:** Name: Date of Birth: Patient DOD ID#: Service Branch: Unit: **Important Notes: Fragment Information:** 1) DO NOT put fragments from multiple patients in the same sample cup. 2) If there is a need to distinguish multiple fragments from the same patient, use multiple cups. Time Fragment(s) removed/collected from patient: Date Fragment(s) removed/collected from patient: Site (body location) Fragment(s) removed from: Total Number of Fragments Removed: Total Number of Fragments Submitted: Date of Injury:

Comments/Notes:

Are there any remaining fragments in patient? Country Where Injured Occurred: